

HEALTHY meets DELICIOUS

COLD BEVERAGES

WATER

San bennedetto	500 ml	11	1 Liter	19
Mai dubai	500 ml	5	1.5 Liter	9
Coconut water	330 ml	11	500 ml	16
Aloe vera water	200 ml	11		
Sparkling grapes	750 ml	80		

WATER INFUSIONS 1L

Detox- Cucumber, ginger, lemon and mint
Hydrating and anti-inflammatory

Metabolism booster - Apple and cinnamon
Detoxifying and hormone balancing

Post workout power - Watermelon and rosemary
Replenishes your body with electrolytes

Anti-inflammatory - Mango and basil
Anti-inflammatory and good for eye sight

Immune booster - Pineapple, strawberry and orange
Boosts your immune system

27



SMOOTHIES

Apple pie
Roasted peanuts, apple, banana, cinnamon, coconut milk, honey
Boosts metabolism and helps weight loss

Berry beet
Mix berries, beetroot, banana, coconut milk, honey
Antioxidant power drink

Melon moments
Watermelon, sweet melon, rockmelon, honey, coconut milk
Rehydrates and fights infection

Choc shock
Banana, cocoa, dates, almond milk
Workout protein snack

30



JUICES

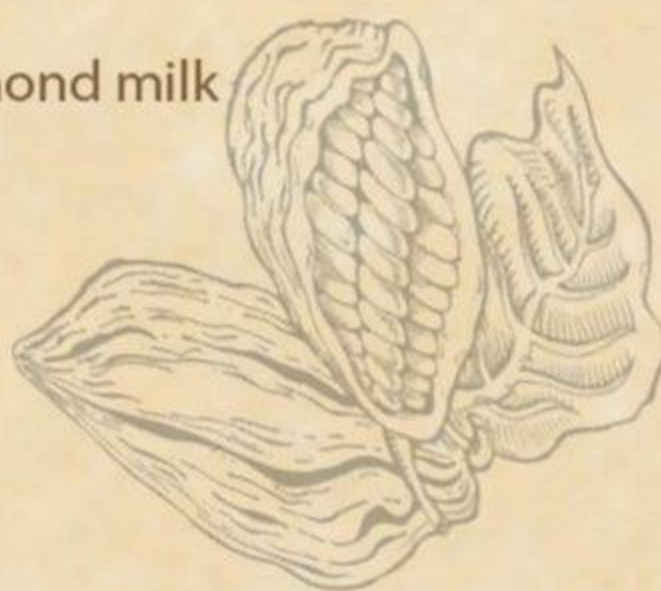
Pear and celery lemonade
Pears, celery, lemon, chia
Immune booster

Bloody kale
Tomato, celery, kale, lemons, black pepper, salt
Excellent digestive

Clean and green
Spinach, kale, cucumber, kiwi, celery, green apple
Detox and cleanse

Sour bunny
Carrots, grapefruit, orange
Sweet vitamin treat

27





eot well

RESTAURANT - BISTRO

HEALTHY



DELICIOUS

HOT BEVERAGES

ORGANIC COFFEE

(All available in our special decaf roast)

Espresso	13
Double espresso	16
Macchiato	15
Americano	17
Americano w milk	18
Cappucino	19
Latte	21
Flatwhite	24
Iced americano	17
Iced latte	21
Iced cappucino	19
Extra shot	6
Siphon coffee	32
Cold brew	24
Hot organic chocolate	24
Drink well	27
- Ask for our special hot drink	



HERBAL INFUSIONS

Fresh mint	16
Fresh ginger & lemon	16
Verbena	22
Spearmint	22
Sage & honey	22
Lavender & lemon	27



ORGANIC TEA 16

Summer Gold – Darjeeling
Pu Erh – Chinese black tea
Dung Ti – Oolong Tea
Fancy sencha – Chinese green tea
Royal gunpowder – Chinese green tea spring harvest
Superior gyokuro – Japanese green tea
Yunnan silver tips – Chinese white tea
Fruity camomile – Camomile and orange flowers
Life & beauty – Tropical fruits and lemon verbena
Red fruit – Hibiscus and red fruits

